



DIDACTIC UNIT -



EUROPEAN STUDIES



Philautia

Lesson plan 1 & 2. 45 + 45 min

Type of love: Philautia

Topic: Getting to know your own personality

Lesson 1: Introduction to subject

INTRODUCTION (10 minutes)

Students are introduced to subject of personal theories in psychology. At this point teacher should inform the class about the project and all of its contents.

DEVELOPMENT (35 minutes)

Lecture:

- Teacher lectures about the field of personal theories, lecture should contain at least these facts:
- * Defining the term personality.
- * How personality and mental picture of yourself are related to each other.
- * Implisitic personal theories.
- * Continuity of personality
- * Psychic, social and biological factors of personality.
- * Raymond Cattells 16 primary trait factors.
- * Hans Eysenck and the hierarchy of traits.
- * “Big five” personality traits.
- * Myers-Briggs type indicator test.

Lesson 2: Taking the test

INTRODUCTION (5 minutes)



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Discussion Points:



Philautia

Quick reminder of the subjects of the last lesson.

DEVELOPMENT (40 minutes)

Students will participate in personality test. The test can be done in either in Internet, or in paper form.

There are great number of different tests in Internet, for example this one:

<http://www.humanmetrics.com/cgi-win/jtypes2.asp>

Main issue in taking the test is, that students understand the questions perfectly, so there is no room for misunderstanding. Teacher should help the students when needed.

Also equally important is, that after the test results should interpreted with the help of teacher and also by collaboration of students themselves.

When the results are clear, students can use them for example in creating a psychological portrait of themselves. This means analyzing your own personality.

Finally, if the teacher should wish, a test can be taken about the subjects theory. Or students can make a portfolio of the project.



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Didactic Units: "Europe in Love"